



In recognition of National Black, Indigenous, People of Color (BIPOC) Mental Health Month (July), The Well is hosting the 4th Annual *Healing While Black* summit. We are pleased to partner with the Dr. Carter G. Woodson African American History Museum, University of South Florida's Family Study Center, Deuces Live and City of St. Petersburg's Parks and Rec Department to activate conversation, practice and collaboration around the power of the collective to heal. We are appreciative of Sponsorships from Foundation for a Healthy St. Petersburg (ONYX SPONSOR), Bayfront Health (Platinum), St Petersburg College (Silver), Pinellas Juvenile Welfare Board (Silver), and Pinellas Community Foundation (Silver), who are consistent in supporting our work.

Healing While Black is a three day summit attended by clinicians, wellness providers, organizers, social service professionals, community members, educators, artists, public officials and other leaders. Participants engage with inspiring presenters, hear leading edge research and practice, and engage in healing activities and celebrations throughout the weekend. Whether participating in-person or online, attendees gain (1) theoretical and practical applications of strategies that support BIPOC mental health, (2) deepened understanding of the power of the collective to heal, empower and flourish and (3) new or strengthened connections to aid in long-term solutions for a just healing community. Above all, attendees leave with the conviction that "*We are the ONE*," sharing a common commitment to the safety and wellbeing of our collective community.

The exciting events hosted during this year's summit will feature Dr. Shamari Roberson, Florida's Deputy Secretary of Health, Dr. Kent Butler, President of the American Counseling Association, child welfare systems leader, Corey Best, renowned artist Saddi Khali, and many more.

We would like for you to consider supporting this initiative by:

1. **Attending** - We would love for you and *at least* 4 other colleagues/friends/neighbors/family members/etc. to participate in this weekend of events either virtually or in person.
2. **Encouraging others to Register** - Share this flyer and invitation to other individuals and organizations that support Black Healing.
3. **Sharing Information** – Share information about your organization, events, other resources related to the work and mission of Healing While Black.

You can deepen your support by serving as a volunteer or information session vendor. Visit www.thewellforlife.org/hwb for more information.

Please see our schedule, for additional information.



Schedule of Events

PRE-CONFERENCE - THURSDAY (7/22/2021)

Reception & Healing While Black Conversation

Time: 6:00 pm - 8:00 pm

Location: 7th & Grove, [1930 E 7th Ave, Tampa, FL 33605](https://www.google.com/maps/place/1930+E+7th+Ave,+Tampa,+FL+33605)

DAY ONE - FRIDAY (7/23/2021)

Professional & Community Development Summit (8:00 am - 4:00 pm)

Location: SPC Allstate Center, 3200 34th St S, Saint Petersburg, FL 33711

Sponsor: Foundation for a Healthy St Petersburg & St. Petersburg College

Reception (6:00 pm - 8:00 pm)

Location: James Museum, 150 Central Avenue St. Petersburg, FL 33701

Sponsor: Bayfront Hospital

Partner: Dr. Carter G. Woodson African-American History Museum

Artist Conversation & Poetic Expression (7:00 pm - 8:00 pm)

Location: James Museum

Sponsor: Pinellas Community Foundation

Artists: *DJ DON ROC, Eris Eady, Nick Davis, Saddi Khali*

DAY TWO - SATURDAY (7/24/2021)

Melanin and Movement: Healing in Practice (8:00 am - 12:00 pm)

Location: Lake Vista Recreation Center

Address: [1401 62ND AVE. S. ST. PETERSBURG, FL 33705](https://www.google.com/maps/place/1401+62nd+Ave+S,+St+Petersburg,+FL+33705)

Sponsor: Foundation for a Healthy St. Petersburg

Partner: St. Petersburg Parks & REC

#THEONE - Family Picnic (10:00 am - 12:00 pm)

Location: Lake Vista Recreation Center

Address: [1401 62ND AVE. S. ST. PETERSBURG, FL 33705](https://www.google.com/maps/place/1401+62nd+Ave+S,+St+Petersburg,+FL+33705)

Sponsor: Juvenile Welfare Board Pinellas

Partners: Thrive By Five, USF Family Study Center



Brown Girl Lunch - BIPOC SPACE (1:00 pm - 3:00 pm)

Location: Dr. Carter G Woodson African American History Museum

Address: 2240 9th Ave S, St. Petersburg, FL 33712

Sponsor: Bayfront

Partner: Dr. Carter G Woodson African American History Museum

DJ: DON ROC- IRoc Productions

Textured Conversations - ALL WELCOME (1:00 pm - 3:00 pm)

Location: Divine Textures

Address: 5002 Gulfport Blvd., Gulfport, FL 33707

Facilitator: Lola B. Morgan & Janaye Hardy

Sponsor: Foundation for a Healthy St Petersburg

Textured Conversations - Brothers & Barbeque (1:00 pm - 3:00 pm)

Location: Central Station Barbershop

Address: 2325 Central Avenue

Facilitator: Calvin Brown & The Web of Brothers, Dr. Kent Butler

Sponsor: Foundation for a Healthy St Petersburg

DAY THREE - SUNDAY (7/25/2021)

Sunrise Photo Excursion (6:30 am - 8:00 am)

Location: St Petersburg PIER

Address: 600 2nd Avenue NE | St. Petersburg, FL 33701

Facilitator: Boyzell Hosey, Tampa Bay Times

Sunday Worship Service - Christian Service (10:00 am - 12:00 pm)

Location: New Hope Missionary Baptist Church - Rev. Carlos Senior, Pastor

Address: 2122 19th Street South St. Petersburg, FL 33712

Sunday Survivors Brunch (10:00 am - 12:30 pm)

Location: Warehouse Arts District

Address: 515 22nd Street South | St. Petersburg, FL 33712

Sponsor: Foundation for a Healthy St. Petersburg & The Well for Life

HOST: St Petersburg Crime Survivors for Safety and Justice

DJ: DON ROC- IRoc Productions



Healing While Black - ISSA Block Party (12:00 pm - 4:00 pm)

Location: Deuces Corridor

Address: 833 22nd Street South, St. Petersburg, FL. 33712

Sponsor: Foundation for a Healthy St. Petersburg

HOST: DEUCES LIVE

FRIDAY PROFESSIONAL & COMMUNITY DEVELOPMENT SCHEDULE

- 8:40 am - 8:55 am** **#THEONE - Voices from Community Leadership**
 Facilitated by – Russia Collins, LMHC
 Senator Darryl Rouson, Rev. Watson Haynes, Representative Michelle Rayner-Goolsby; Randall H. Russell, Duggan Cooley, Councilwoman Debra Figgs-Sanders, Chief Anthony Holloway
- 8:55 am - 9:00 am** **Anchoring the Health of #THEONE**
 Dr. Ulyee Choe, Medical Director, Pinellas County Health Department
- 9:00 am - 9:28 am** **We are THE ONE: Exploring the State of Our State & Addressing Health Equity**
 Dr. Shamarial Roberson, Florida Deputy Secretary of Health
- 9:29 am - 9:35 am** **Our Moment: The Silence**
 Dr. LaDonna Butler & Representative Michelle Rayner
- 9:35 am - 10:00 am** **Healing While Black, We are the ONE, The Well for Life**
- 10:05 am – 10:45 am** **Breakout Session I or**
 Dr. Kent Butler, President American Counseling Association; Chief Equity, Inclusion and Diversity Officer, University of Central Florida
Introduction: I SUPPORT YOUTH, Lewis Stephens
- 10:46 am – 11:30 am** **Breakout Session II**
- 11:30 am - 12:25 am** **Lunch & Community POWER HOUR - An Interactive Dining Experience**
 Featuring Artist: Brittanie Dial, Jenay Johnson, The Analogy Band
- 12:25 pm – 12:30 pm** **Afternoon Stretch & Poetic Voice**



- 12:30 pm – 1:15 pm** **The Power of Being Good Enough, Corey Best**
 Introduction: Dr. James McHale, Director of University of South Florida Family Study Center
- 1:15 pm – 2:00 pm** **Decolonizing Beauty: Magic in the Mundane**
 Introduced by: Leigh Davis, Director of Donor and Advisor Relations, Pinellas Community Foundation
 Saddi Khali, Critically Acclaimed Photographer & Poet
- 2:00 pm - 2:45 pm** **The Strong Black Woman Role is Overacted, I'm Not Your Superwoman**
 Rochelle Ritchie, Media and crisis communications expert, writer, and political analyst.
Introduced by: Pretty Young Bosses, Latasha Grant & She Wins Totally, Kenyatta Rucker
- 2:45 pm - 3:15 pm** **The Power of Redemption, Kempis Ghani Songster**
 Introduced by: [Chief Anthony Holloway](#) & CDAT/8 Kings Collective
- 3:15 pm – 3:30 pm** **The Legacy of Leisuring While Black: We really are The ONE**
 Tiffany Reddick, We Heal – Savvy Life Group
- 3:30 pm – 4:00 pm** **Healing While Black – From Conversation to Commitment**

Virtual Breakout Sessions

1. "Not 3/5ths But Rather WHOLE: Taking Care of Ourselves and Our Black Communities During A Time of Racial Reckoning. Dr. Karla Sapp, LMHC-QS
2. "Finding Healing when You are Black, Queer and too Tired to be Proud", Dr. A.C. Fowlkes
3. Deliver Black Dreams, The Power of US to Thrive, Prentiss Henry
4. Balanced and Aligned, Brittanie Carter
5. Empowerment & Resilience Training for Everyday Life. Tamu Lewis
6. ACED: Understanding Adverse and Advantageous Childhood Experience, the Power of the Collective to HEAL, Max Redd & Leonne Danso-Odei
7. Routines and Rituals for Healing: Exploring effective use of Cafe's, Combs, and Community, Dr. Marva Lewis.
8. Ridding ourselves from patriarchy: Black Men, Masculinity and Seeking Mental Health. Josh Odam, Founder Healing While Black, LLC
9. The Power of forgiveness. William Flay.

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THE WELL PRESENTS
4TH ANNUAL BIPOC MENTAL HEALTH AWARENESS SUMMIT

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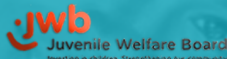
HEALING WHILE *Black*
ONE
WE ARE THE

JULY 23-25, 2021
Register today at www.thewellforlife.org/hwb

MELANIN & MOVEMENT SCHEDULE (SATURDAY)

- 8:00 am – 12:00 pm** **Women Empowerment Group**
Location: Lake Vista Recreation Center(Multipurpose Room)
- 8:00 am - 9:00 am** **Yoga & Mindfulness**
Led by: Clayton Sizemore of Mindful Movement FL
Location: Lake Vista Recreation Center (Playground Area)
- 8:30 am - 9:30 am** **Water Aerobics**
Led by: Dr. Natasha Ruby
Location: Lake Vista Recreation Center (Pool)
- 9:30 am - 10:30 am** **Dive*rsifying Aquatics**
Led by: Kym Finch of Swim with Kym
Location: Lake Vista Recreation Center (Pool)
- 9:00 am - 11:00 am** **Outdoor Afro Hike**
Led by: Hillary VanDyke of Outdoor Afro
Location: Boyd Hill Nature Preserve
- 10:00 am – 12:00 pm** **Family Picnic**
Partners: Thrive by Five, USF Family Study Center
Sponsor: Juvenile Welfare Board
Location: Lake Vista Recreation Center (Picnic shelters)
- 9:00 am – 12:00 pm** **Basketball Tournament**
Organizers: Necole Tunsil & Anthony Lawrence
Location: Lake Vista Recreation Center (Gymnasium)
- 10:00 am -11:00 am** **Healing Paths**
Led by Nicole Huston of LBL Holistic
Location: Lake Vista Recreation Center (Trail start near playground area)
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IN PARTNERSHIP WITH



- 10:00 am -11:00 am** **Kickball Tournament**
Organizers: Kira Butler & Chandler Whitlow
Location: Lake Vista Recreation Center (Baseball Fields)
- 10:00 am -11:30 am** **Tennis**
Led by Rob Perry
Location: Lake Vista Recreation Center (Tennis Courts)
- 11:00 am – 12:00 pm** **Line Dancing**
Led by Natasha Walker of Nu Body Fitness
Location: Lake Vista Recreation Center (Patio Area)
- 11:00 am – 12:00 pm** **Xtreme Hip Hop Step Aerobics**
Led By: Sydney Moore of Xtreme Hip Hop
Location: Lake Vista Recreation Center (Indoor Classroom)
- 11:00 am – 12:00 pm** **Exercise Zone Workout**
Led By: Tony Sadiku
Location: Lake Vista Recreation Center (Exercise Zone)
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